
December 12, 2005



The Edge



BNL Toastmasters, Club 8069, District 46
Meetings are held the 1st and 3rd Tuesday at 5:30 PM
Biology Building 463, Brookhaven National Laboratory, Upton, NY 11973
<http://www.bnl.gov/bera/activities/toastmstrs/>

Upcoming Events

Tues. Dec. 13, 2005

Tues. Jan. 3, 2006

Tues. Jan. 17, 2006

HOLIDAY PARTY, 5:30

5:30 PM Meeting

5:30 PM Meeting

BNL Recreation Center

Biology Bldg. 463, Room # 160

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2004 – 2005 President's Distinguished Club!

Officers 2005-06

President:

Beth Lin

VP Education:

Joyce Hansen

VP Membership:

Margaret Foster

VP Public Relations:

Pat Astre

Secretary:

Aimee Sumereau

Treasurer:

Nancy Manning

Sergeant at Arms:

Lynn Chang

Newsletter Editor:

Nancy Manning

Webmaster:

Nancy Manning

The mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth.

The November 15th Meeting

Our theme was **Strokes of Luck** and TMOD Amy Halsted did a fine job of rescuing us from that most tragic Toastmaster's dilemma – no speakers! Due to circumstances, none of the scheduled speakers were present. But Amy was able to persuade four members to give speeches with just a few minutes preparation. All four did a fantastic job! (As Toastmasters we should all be able and willing to step up to the podium with just a moment's notice.) Craig F. gave a well-organized speech on **Baking the Perfect Chocolate Chip Cookie**, evaluated by Amy. Lynn gave an **acceptance speech** as practice for when she would receive the *Certificate of Student Achievement* by her English for Speakers of Other Languages class the following week. Congratulations, Lynn! Aimee S. evaluated. Then Nick prodded us to **Think Outside the Box**, his second speech, and he was evaluated by Nancy. Finally, newest member Mike Degnan gave his **Ice Breaker** in which he informed us that he is preparing for a new career in nursing. Beth evaluated. Mike also won the Table Topics Award. Beth served as General Evaluator for the meeting.

The November 29th Meeting

VPE Joyce was TMOD who led us in **Talking Turkey**. There were two very interesting speeches. Joyce asked **Is My Brain Fat Enough** and taught us all about the different types of fats that we eat. As our brains consist of a lot of fatty tissue, we should be aware of which are the best types of fat to consume for healthy brains. Amy evaluated. Then Beth gave an introduction to

Chinese calligraphy, **Writing with a Brush Pen**. She demonstrated her beautiful technique and displayed authentic Chinese supplies. Margaret evaluated. Joyce asked some wonderful turkey and Thanksgiving-related Table Topics, Amy won the award for best answer. Amy was also the General Evaluator for the meeting.

Web: www.bnl.gov/bera/activities/toastmstrs/

E-mail: toastmasters@bnl.gov

